Title: Building Resilience into Classrooms

Description:
This presentation will describe a ClassMaps strategy that builds resilience into classrooms by translating the compelling results of developmental risk and resilience research into simple action plans that embed positive protective supports into classroom routines and practices.

Brief Bio
Dr. Beth Doll is a professor of School Psychology in the Department of Educational Psychology, University of Nebraska Lincoln. Her principal research interest is the promotion of mental health and the psychological well-being of children and youth and aspects of school and classroom systems that contribute to students' resilience and academic success. Her current work occurs in partnerships with school districts to use student perceptions and classroom data to prompt revised classroom routines. Her developmental investigations of students' psychological wellness explain how these challenge current conceptualizations of mental health and existing mental health policies.

This presentation is based, in part, on an open access publication in Education Sciences that includes a more detailed description of the strategy and a copy of the ClassMaps Survey.
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